

Training Courses

Sport Birmingham has now updated courses/workshop to be purely focused around online learning and classes.

Courses can be purchased and completed at any time by an individual.

You will now find the following courses on the Sport Birmingham website:

- [Coach Mentoring \(Open University\) – Free](#)
- [Mental Health Awareness \(MIND\) – Free](#)
- [Safeguarding and Protecting Children \(UK Coaching\)](#)
- [How to Coach: Plan, Do, Review \(UK Coaching\)](#)

Please look out for our e-Learning going live in the next week. The topics will include: **‘Understanding Young People’, ‘Building Relationships with Young People’ and ‘Building Resilience.’**

Individuals can access information through this link to our website:

www.sportbirmingham.org/coaching-and-clubs1 (please click on the courses & workshops tab to browse all courses).

For any enquiries regarding training courses, please contact: Adam Warden, Workforce Development Manager Adam.Warden@Sportbirmingham.org / 07587034782