



#BBFA21FOR21

**LYDIA MILO-PEARS**

**CLUB: FC CASTLETHORPE YOUTH**

*How long have you been involved in Football for?*

I have been playing football for about 6 years.

*Who is your Inspiration/Role Model and Why?*

My inspiration is my older sister as she is very good at football and is vice-captain of her team. She has also won parent's player of the year 3 times.

*What do you most enjoy about playing football?*

I enjoy being part of a team and playing with friends.

*What have been your biggest achievements since the programme began?*

I won most improved player on my first season with my new team.

*What challenges have you experienced since the programme began and how did you overcome them?*

I have Osgood Schlatter disease in my knees which can make it painful to run. I have tried to overcome this by doing daily exercises to strengthen them and wearing knee supports when doing sport.

*What are your aspirations/targets for the next year? How do you hope to get there?*

Next year I hope to be able to go higher in the pitch and dribble with the ball more as a defender.

*What has been the most useful support you have accessed through the programme? (i.e., Equipment, Funding for Qualifications/Reg Fees)*

I have used the kit to train in and keep me warm during the winter. When I turn 16 I hope to take my level 1 in coaching.

*Which WEuros games are you most looking forward to? Have you got tickets for any games?*

I am looking forward to watching England do well hopefully.

I am going to watch Denmark V Finland and Finland v Germany at Stadium: MK as well as both semi-finals and the final.

