



**EVERYONE
NEEDS A
BIG SISTER**

ARSENAL SISTER CLUB

FOCUS

BEDFORD LADIES & GIRLS FC

NAME OF CLUB

Bedford Ladies and Girls Football Club

SISTER CLUB MEMBERSHIP LEVEL

Silver

AGE GROUPS FOR WOMEN & GIRLS FOOTBALL

We have teams at Under 9, 10,11,13,14 and 16 as well as a Ladies 1st playing in the Regional Premier Division and Ladies Development playing in the County League.

We also have Two Wildcat Centres, one at Allen Park Saturday mornings and the other at Scott Primary on Thursdays afterschool.

We have several links with Schools and deliver After School Clubs for Girls.

TELL US ABOUT YOUR CLUB

We were formed in 1996 and were involved in the first girls football match in Bedfordshire. We separated from the boys club in 2000 as their needs were very different to girls. We achieved our own Charter Standard and became a CS Development Club in 2006. We grew to become one of the most successful girls clubs in the County.

We have teams at most age groups and want to develop girls to play at the highest level within the Club.

Our core value is to provide a safe friendly atmosphere for girls to have fun, learn new skills, and play football. We have always all trained together and group train where we can, so there is a real family feel to the Club.

RECRUITING THE NEXT PLAYER

We are always keen to recruit talented players at all ages throughout the year. New players of any age are encouraged to attend a training sessions, as a taster.

We are also keen to support students at the University with some real work experience in Coaching, Physiotherapy and Marketing.



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TIME TO TRAIN

Winter Training on floodlit Astro - September to April

Mondays - At Bedford Girls' School, Cardington Road Bedford MK42 0BT

Thursdays – Bedford Academy, Mile Road, Bedford, MK42 9TR

Summer Training on grass - April to September

Allen Park, Ford End Road, Queens Park, Bedford MK40 4LY

We train throughout the year, with a 2 to 4 week break in the Summer depending on age group.

WHO TO SPEAK TO

Jill Upton

Treasurer and Chair

jill@BedfordLadies-Girlsfc.org

07850 540 631

Annette Harrison

Club Secretary and CWO

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07970 650 573

ARSENAL WOMEN SISTER CLUB

Although we are new to this we love the “Can Do” positive attitude to all aspects of Girls and Womens Football in the Community.

