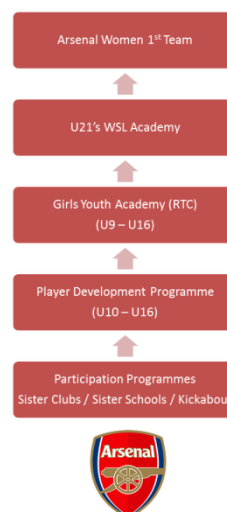


Arsenal Women Player Development Programme 2018/19

The Arsenal Women Player Development Programme (PDP) aims to support girls in their football development, preparing them for the next step in their football journey. The PDP is part of the Arsenal Women Development Pathway and will provide weekly 90 minute coaching sessions for 24 weeks from September 2018 to March 2019.

Through the work at the PDP we aim to support the development of every girl in the programme technically & physically, but also psychologically and socially, building the skills and confidence to fulfil their potential on and off the football pitch. We want girls to:

- Learn to master the ball
- Learn to compete in a team
- Love the game



Across the 2018/19 season, the Player Development Programme will provide the following opportunities:

- 24x 90 minute coaching sessions
- Arsenal Training Top
- Player Learning Journal
- 2x PDP Festivals
- 2x Player Feedback Reviews (Sent electronically)
- Access to online Community (Hive) for Arsenal to provide updates to parents on the programme
- And much more!

As well as elements included in the price of the programme we will also be looking to provide additional opportunities for the PDP players. These may incur an additional cost, but will look to include:

- International Experience Day at St George's Park (To see what our trip in February 2018 click here: <https://www.arsenal.com/news/development-team-visit-st-georges-park>)
- Fixtures against Domestic & International Opponents
- Opportunities to play in other football festivals
- Exclusive PDP Holiday Sessions

Throughout the season, All girls joining the PDP will also become an Arsenal Women Junior Member, which will entitle girls to access all elements of a Junior Membership, including:

- Entry to all home Arsenal Women Women's Super League fixtures for the 2018/19 season
- Entry to ballots for exclusive opportunities
- And much more!

More details on the Junior Membership will be released in due course.

Across the 2018/19 season, the PDP will operate out of the following venues:

Day	Centre	Time
Monday	Borehamwood Football Club, WD6 5AL	17:30 – 19:00
Tuesday	University of Hertfordshire, AL10 9EU	17:00 – 18:30
Wednesday	Rectory Park, Middlesex, UB5 5FA	17:30 – 19:00
Thursday	Nicholas Breakspear School, St Albans, AL4 0TT	17:00 – 19:00
Friday	Ashlyns School, Berkhamsted, HP4 3AH	18:00 – 20:00

Places at each of the centres for the Player Development Programme will be allocated based on your home location, place availability, and any way of avoiding a clash with your grassroots team training.

The price for the Arsenal Women Player Development Programme for the 2018/19 season is £225.00 per player

